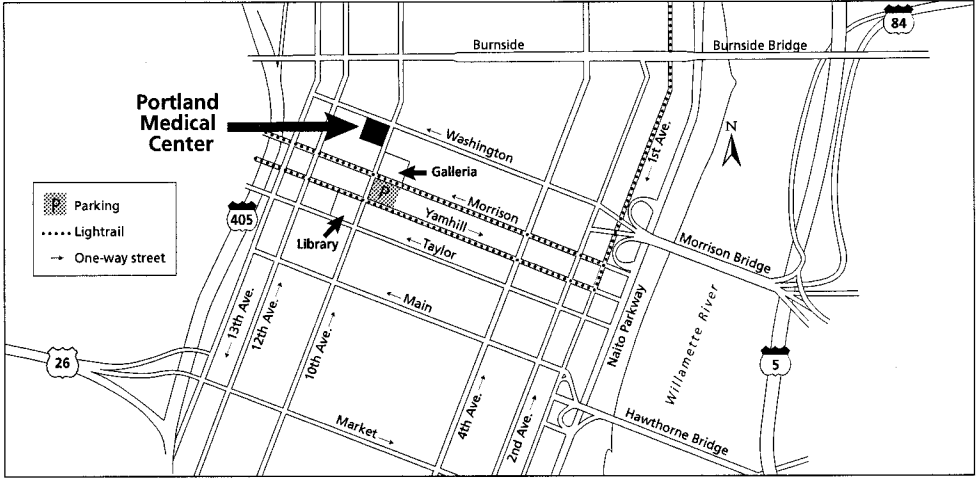




If this is your first visit to our office, please plan to arrive 15 minutes early so we may set up a chart for you. If you are unfamiliar with downtown, plan a little extra time so you won't feel rushed.



DIRECTIONS TO OUR OFFICE



MAX Lightrail (easiest way!)

From the East side: Get off at *Galleria / SW 10th Ave.* stop. Walk 2 blocks north on SW 10th Ave. (downhill direction).

From the West side: Get off at *Library / SW 9th Ave.* stop. Walk 3 blocks north on SW 10th Ave. (downhill direction).



By Car

From the East side: I-84 westbound, follow *City Center* signs across the Morrison Bridge (I-5 south branch at the end of I-84). Continue straight (you'll be on SW Washington) to SW 10th Ave.

Hawthorne Bridge: Turn right on 2nd Ave., then left on SW Taylor (2 blocks), then right on SW 10th Ave.

From the West side: Hwy. 26 eastbound, take *City Center / Market St.* exit (center lane through tunnel). You'll be on SW Market. Turn left on SW 10th Ave.

From the North: I-5 southbound to *Exit 300B-OMSI / Oregon City.* Stay to right and follow *City Center* signs across the Morrison Bridge. Continue straight (you'll be on SW Washington) to SW 10th Ave.

From the South: I-5 northbound to *405 West / City Center,* then take *Exit 1D, 12th Ave.,* stay to the right and continue down SW 12th. Turn right on SW Yamhill, then left on SW 10th Ave.

Barbur Blvd Northbound: Continue straight on SW 4th Ave. Turn left on SW Taylor then right on SW 10th Ave.

Parking Options



Smart Park (10th & Yamhill). Enter from SW 10th Ave. Parking validation available. Please bring your ticket with you so we can stamp it.

Additional parking is also available across from or behind the Portland Medical Center building. Sorry, validation is not available for these lots.

Curbside drop-off and pick-up is available at the building entrance. *Patients with limited mobility,* please inquire about the easiest options.